



# Camp Toras Chaim '26

## July Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>ORIENTATION</b>	<sup>1</sup> Fish Sticks Spaghetti & Ketchup Fruit, veggies Juice	<sup>2</sup> Macaroni & Cheese Salad Milk/juice	<sup>3</sup> <b>Bagels!</b>
<sup>6</sup> Fish Sticks Spaghetti & Ketchup Fruit, veggies Juice	<sup>7</sup> Pancakes & Syrup Melon Juice	<sup>8</sup> <b>PIZZA</b> French Fries, Milk or Juice	<sup>9</sup> Macaroni & Cheese Salad Milk/juice	<sup>10</sup> <b>Bagels!</b>
<sup>13</sup> Fish Sticks Spaghetti & Ketchup Fruit, veggies Juice	<sup>14</sup> Grilled Cheese Sandwiches Melon Juice	<sup>15</sup> <b>PIZZA</b> French Fries, Milk or Juice	<sup>16</sup> Macaroni & Cheese Salad Milk/juice	<sup>17</sup> <b>Bagels!</b>
<sup>20</sup> Fish Sticks Spaghetti & Ketchup Fruit, veggies Juice	<sup>21</sup> Pancakes & Syrup Melon Juice	<sup>22</sup> <b>Erev 9 Av</b> Macaroni & Cheese Salad Milk/juice	<sup>23</sup> 	<sup>24</sup> <b>Bagels!</b>
<sup>27</sup> Fish Sticks Spaghetti & Ketchup Fruit, veggies Juice	<sup>28</sup> Grilled Cheese Sandwiches Melon Juice	<sup>29</sup> <b>PIZZA</b> French Fries, Milk or Juice	<sup>30</sup> Macaroni & Cheese Salad Milk/juice	<sup>31</sup> <b>Bagels!</b>

**cream cheese, butter, tuna  
milk or juice**

If your child is allergic to dairy, or does not like that day's lunch, please send in a substitute!